**Son Rise Cup**

**Competition Rules for 7-a-side competitions 2017**

**For the purpose these competition rules the referees decision is final in all cases.**

1. All matches will consist of 7 players, one of whom must be the goalkeeper.
2. The match will not kick off if a team has fewer than 5 players.
3. Matches will be added on the day minutes of one continuous period; this is subject to change depending on the number of teams entering the competition.
4. The team named first on the referee’s match card will kick off first.
5. The match will be start from a kick off, the ball may be played in any direction and a goal can be scored directly from a kick off.
6. All matches will kick off at the appointed time, if a team is unable to kick off then the match will be awarded to their opponents.
7. In the event of both teams wearing the same colour, the team named second on the referee’s match card will wear bibs.
8. Substitutions shall be roll on/off and no limit as to their number but must be made during a stoppage in play.
9. Substituted players must leave via the goal line where the substitute will enter.
10. All substitutes and non playing members of the team will stand behind their own team’s goal.
11. After a goal is scored the match will restart from a kick off.
12. An under arm throw in will replace a standard over head throw in from the touchlines.
13. A goal cannot be scored directly from a kick in.
14. Corner kicks will be permitted as per normal. A goal can be scored from a Corner kick.
15. All free kicks will be direct.
16. Opposing players must stand a minimum of 3 meters from any restart of play.
17. Penalty kicks will be taken from the penalty mark. If a penalty mark does not exist then the ball will be placed immediately outside of the penalty area in line with the middle of the goal. The goalkeeper must remain on his/her goal line when facing a penalty kick. The player who has been identified as taking the penalty kick can take a maximum of one step towards the ball before striking the ball forwards. All other players will stand a minimum of 3m away from the ball and behind the ball at the taking of a penalty kick.
18. At all times the goalkeeper will deliver the ball back into play using their hands only, unless using their feet in the act of a save. For any infringement by the goalkeeper delivering the ball back into play, play will restart from the goalkeeper in the correct manner.
19. Pass backs to the goalkeeper are permitted but the ball must be played by a second player before being passed back to the goalkeeper. Any infringement of this rule will result in a free kick from where the ball was passed back if the goalkeeper touches the ball. If the ball is not touched by the goalkeeper following an immediate pass back and goes out of play then play will restart as per the rules. A goal will be awarded if the ball enters the goal.
20. There is no over head height restriction for play.
21. Only the defending goalkeeper is allowed inside the penalty area. If the defending goalkeeper leaves or a member of the defending team enters the penalty area then the referee will award a penalty kick to their opponents.
22. If a member of the attacking team enters the penalty area then the referee will award a free kick to the defending team and play will restart from the goal keeper.
23. For all offences committed by the defending team within 3m of the penalty area the free kick will be taken around 3m outside of the penalty area.
24. Players are not permitted to play the ball on the floor and slide tackles are not permitted in any form.
25. Referees will use blue and red cards during the event. The table of punishment for offences is listed below;
    1. Player receives a Blue Card
       * Player receives a temporary 2 minutes suspension, ‘sin bin’.
    2. Player receives a Red Card
       * Player is sent off and will receive the following suspension;
         1. Violent Conduct – suspended for the rest of the tournament
         2. Serious Foul Play – a further 3 match suspension
         3. Denial of a Goal Scoring Opportunity – a further 1 match suspension
         4. Spitting at someone – suspended for the rest of the tournament
         5. Offensive, foul and Abusive Language - a further 2 match suspension
         6. 2 Blue cards in the same game – a further 1 match suspension
    3. Player /Substitute/Team Official is reported for misconduct
       * The tournament disciplinary committee, Teresa Collins, Di Thomas & Jason Haywood/Richard Mason will impose a suitable suspension on the individual(s) after considering the referees report and evidence offered by the individual(s) themselves.
26. If a club/individual wishes to appeal against a Red Card then the appeal must be made immediately after the game by the team manager and player concerned to the control tent. The decision made by the tournament controller whether to uphold the appeal or not will be final and not open to challenge.
27. Teams will be awarded 3 points for a win and 1 point for a draw.
28. If teams finish level on points then the teams will be ranked in the following way;
    1. Goal difference
    2. Goals scored
    3. Result between the two teams
29. If the two teams still cannot be separated then the teams will partake in a penalty shootout.
30. Should scores be level at the end of normal time in the knockout stages then there will no extra time and the result will be decided by a penalty shootout.
31. For all penalty shootouts the referee will decide at which end to take the penalty kicks. The tea taking the first penalty kick will be decided by the toss of a coin. Teams will each take 3 penalty kicks and if the scores are still level then one additional penalty kick will be taken by each team until a result is reached.